

PK KB WVL 26: Session: 4: COACH evaluation sheet for TEAM: IKZ

Coachinfo: Warming up from: 13:00 untill 13:55. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Pickavet Elien

Coaches: Demeyere Linda HEADCOACH

Coaches: Desplenter Sharon

Coaches: Vandeputte Debby

Coaches: Desmet Lindsay

Coaches: Vandeputte Pedro

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 28: 100M MEDLEY WOMEN 11+ Heat:2, starttime: 14:02

Heat: 2/6 Lane : 5 Athlete: DECOUTTERE EMMA Q-time: 01:30:28

PB (25m pool): 01:30.28 Menen 07/06/2026 PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:30.28	
	no time				
					

Coach feedback:

Event number: 28: 100M MEDLEY WOMEN 11+ Heat:4, starttime: 14:06

Heat: 4/6 Lane : 5 Athlete: DE WEVER MAUD Q-time: 01:19:88

PB (25m pool): 01:19.88 Zwevegem 31/05/2026 PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.89		01:19.88	
	00:37.89 00:41.99				
					

Coach feedback:

Event number: 28: 100M MEDLEY WOMEN 11+ Heat:6, starttime: 14:10

Heat: 6/6 Lane : 2 Athlete: VELGHE LAURA Q-time: 01:09:68

PB (25m pool): 01:09.68 Zwevegem 31/05/2026 PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.72		01:09.68	
	00:31.72 00:37.96				
					

Coach feedback:

PK KB WVL 26: Session: 4: COACH evaluation sheet for TEAM: IKZ

Event number: 29: 200M FREESTYLE MEN 13+							Heat:1, starttime: 14:12	
Heat: 1/7 Lane : 1 Athlete: VANBRABANT ESBEN							Q-time: 02:47:66	
PB (25m pool): 02:49.44 DIKSMUIDE 30/11/2025				PB (50m pool): 02:47.66SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.78		01:23.93		02:09.23		02:49.44
	00:39.78		00:44.15		00:45.30		00:40.21	
								

Coach feedback:

Event number: 29: 200M FREESTYLE MEN 13+							Heat:1, starttime: 14:12	
Heat: 1/7 Lane : 5 Athlete: SINNESAEEL CASPER							Q-time: 02:35:49	
PB (25m pool): 02:40.58 Diksmuide 12/10/2025				PB (50m pool): 02:35.49 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:37.28		01:18.10		02:00.13		02:40.58
	00:37.28		00:40.82		00:42.03		00:40.45	
								

Coach feedback:

Event number: 30: 100M BUTTERFLY WOMEN 13+					Heat:2, starttime: 14:35
Heat: 2/5 Lane : 1 Athlete: NOPPE PAULINE				Q-time: 01:22:47	
PB (25m pool): 01:22.47 Zwembad De Treffer 06/04/2026 PB (50m pool): 01:24.21 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.67		01:22.47	
	00:35.67		00:46.80		
					

Coach feedback:

Event number: 30: 100M BUTTERFLY WOMEN 13+					Heat:4, starttime: 14:39
Heat: 4/5 Lane : 5 Athlete: VERSTRAETE LINDE				Q-time: 01:10:07	
PB (25m pool): 01:11.15 Zwevegem 31/05/2026			PB (50m pool): 01:10.07 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.65		01:11.15	
	00:33.65		00:37.50		
					

Coach feedback:

PK KB WVL 26: Session: 4: COACH evaluation sheet for TEAM: IKZ

Event number: 30: 100M BUTTERFLY WOMEN 13+					Heat:4, starttime: 14:39
Heat: 4/5 Lane : 6 Athlete: VELGHE LAURA					Q-time: 01:11:08
PB (25m pool): 01:11.08 leper 04/01/2026			PB (50m pool): 01:07.77 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.17		01:11.08	
	00:33.17		00:37.91		
					

Coach feedback:

Event number: 30: 100M BUTTERFLY WOMEN 13+					Heat:4, starttime: 14:39
Heat: 4/5 Lane : 9 Athlete: SCHACHT HANNE					Q-time: 01:14:18
PB (25m pool): 01:14.18 Zwembad De Treffer 06/04/2026			PB (50m pool): 01:17.77 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.54		01:14.18	
	00:34.54		00:39.64		
					

Coach feedback:

Event number: 31: 100M BREASTSTROKE MEN 11-12					Heat:2, starttime: 14:45
Heat: 2/5 Lane : 6 Athlete: VANHEE NIEL					Q-time: 01:48:24
PB (25m pool): 01:48.24 Zwembad De Treffer 06/04/2026			PB (50m pool): 01:48.47 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:51.80		01:48.24	
	00:51.80		00:56.44		
					

Coach feedback:

Event number: 31: 100M BREASTSTROKE MEN 11-12					Heat:2, starttime: 14:45
Heat: 2/5 Lane : 8 Athlete: CARDINAE MILAN					Q-time: 01:53:20
PB (25m pool): 01:53.20 Zwembad De Treffer 06/04/2026			PB (50m pool): 01:43.87 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:53.58		01:53.20	
	00:53.58		00:59.62		
					

Coach feedback:

PK KB WVL 26: Session: 4: COACH evaluation sheet for TEAM: IKZ

Event number: 31: 100M BREASTSTROKE MEN 11-12					Heat:5, starttime: 14:52
Heat: 5/5 Lane : 1 Athlete: STEEN REMI					Q-time: 01:30:98
PB (25m pool): 01:30.98 Zwembad De Treffer 06/04/2026 PB (50m pool): 01:31.87 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.92		01:30.98	
	00:43.92		00:47.06		
					

Coach feedback:

Event number: 31: 100M BREASTSTROKE MEN 11-12					Heat:5, starttime: 14:52
Heat: 5/5 Lane : 6 Athlete: VANDEPUTTE JORBE					Q-time: 01:26:15
PB (25m pool): 01:27.60 Diksmuide 08/02/2026 PB (50m pool): 01:26.15 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.64		01:27.60	
	00:41.64		00:45.96		
					

Coach feedback:

Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:8, starttime: 15:37
Heat: 8/10 Lane : 1 Athlete: DEPUYDT HASSE					Q-time: 01:14:03
PB (25m pool): 01:14.03 Zwevegem 31/05/2026 PB (50m pool): 01:15.54 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.29		01:14.03	
	00:36.29		00:37.74		
					

Coach feedback:

Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:9, starttime: 15:39
Heat: 9/10 Lane : 4 Athlete: SCHACHT HANNE					Q-time: 01:11:14
PB (25m pool): 01:11.14 Temse 17/11/2025 PB (50m pool): 01:14.15 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.75		01:11.14	
	00:34.75		00:36.39		
					

Coach feedback:

PK KB WVL 26: Session: 4: COACH evaluation sheet for TEAM: IKZ

Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:9, starttime: 15:39
Heat: 9/10 Lane : 9 Athlete: NOPPE PAULINE					Q-time: 01:13:13
PB (25m pool): 01:13.13 Zwevegem 31/05/2026					PB (50m pool): 01:16.26 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.19		01:13.13	
	00:36.19		00:36.94		
					

Coach feedback:

Event number: 33: 200M BREASTSTROKE MEN 13+							Heat:1, starttime: 15:44	
Heat: 1/3 Lane : 4 Athlete: VANBRABANT ESBEN							Q-time: 03:25:53	
PB (25m pool): 03:37.52 Ieper 04/01/2026				PB (50m pool): 03:25.53 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:50.74		01:48.05		no time		03:37.52
	00:50.74		00:57.31					
								

Coach feedback:

Event number: 34: 400M MEDLEY WOMEN 13+							Heat:1, starttime: 15:56	
Heat: 1/1 Lane : 2 Athlete: DEPUYDT HASSE							Q-time: 05:37:37	
PB (25m pool): 05:37.37 Diksmuide 12/10/2025				PB (50m pool): 05:51.42SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:34.49		01:15.84		01:58.95		02:41.28
	00:34.49		00:41.35		00:43.11		00:42.33	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:31.12		04:21.11		05:00.66		05:37.37
	00:49.84		00:49.99		00:39.55		00:36.71	
								

Coach feedback:

PK KB WVL 26: Session: 4: COACH evaluation sheet for TEAM: IKZ

Event number: 34: 400M MEDLEY WOMEN 13+							Heat:1, starttime: 15:56	
Heat: 1/1 Lane : 6 Athlete: VERSTRAETE LINDE							Q-time: 05:33:75	
PB (25m pool): 05:46.67 Diksmuide 09/03/2025				PB (50m pool): 05:33.75 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:39.06		01:24.16		02:09.05		02:51.34
	00:39.06		00:45.10		00:44.89		00:42.29	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:40.81		04:30.59		05:09.25		05:46.67
	00:49.47		00:49.78		00:38.66		00:37.42	
								

Coach feedback:

Event number: 34: 400M MEDLEY WOMEN 13+							Heat:1, starttime: 15:56	
Heat: 1/1 Lane : 7 Athlete: DE WEVER MAUD							Q-time: 05:58:27	
PB (25m pool): 06:01.34 Meulebeke 19/04/2026				PB (50m pool): 05:58.27 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:27.91		no time		no time
	no time							
	...	...	...	...	...	...	...	...
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		06:01.34
	...	...	...	...	...	...	...	...

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+							Heat:1, starttime: 16:03	
Heat: 1/6 Lane : 8 Athlete: SINNESAEEL CASPER							Q-time: 00:33:16	
PB (25m pool): 00:32.50 Menen 07/06/2026							PB (50m pool): 00:33.16 SB: no time	
	2 5 M		5 0 M					
PB			00:32.50					
			00:32.50					
								

Coach feedback:

PK KB WVL 26: Session: 4: COACH evaluation sheet for TEAM: IKZ

Event number: 37: 4x50M MEDLEY MEN 11+							Heat:2, starttime: 16:37	
Heat: 2/2 Lane : 9 Athlete: TEAM IKZ 1							Q-time: 02:49:00	
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Event number: 38: 4x50M MEDLEY WOMEN 11+							Heat:2, starttime: 16:44	
Heat: 2/2 Lane : 8 Athlete: TEAM IKZ 1							Q-time: 02:24:00	
PB (25m pool):			PB (50m pool):		SB:			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback: